





53°C/125°F







Dirty Steak



INGREDIENTS

Steaks

2 Dry aged inch-thick Ribeye Steaks

For the Dirty Baste

1 stalk fresh Rosemary, leaves taken off the stalk

2 stalks fresh Thyme, leaves taken off the stalk

Bunch of Flat Leaf Parsley

- 1 Clove Garlic
- 1 Anchovy fillet
- 1 tsp Sea Salt
- 1 tbsp Olive Oil

MIETHEROD

- Blitz all the ingredients for the Dirty Baste together.
- You will need your grill loaded with red hot, quality lumpwood charcoal. Please do not use instant light or briquettes or lava rocks.
- Give the coals a blast of air to remove excess ash and ensure they are red hot. Place your steak directly on the coals, do not press or move, just leave it alone for 3 minutes.
- 4. After 3 minutes flip the steaks, baste generously on the cooked side and cook for another 3 minutes.

This will give you a rare dirty steak. If you want to ensure the steak is cooked how you like, use a digital thermometer probe.

Recipe from Marcus Bawdon @devonwoodsmoke or countrywoodsmoke.com





